

Michelle Earnest, LLC

**Michelle Earnest
Certified Donna Eden Energy Medicine Practitioner & Spiritual Director**

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By viewing this website you will be introduced to energy medicine and other related information in the field of energy healing (collectively “Energy Medicine”). Energy Medicine is a collective term used to refer to a variety of energy techniques based on the use, modification, and manipulation of energy fields that assess where the body’s energies are blocked or not in harmony and then correct the flow of these energies thereby aligning the body’s energies to boost health and vitality. The prevailing premise of Energy Medicine is that the flow and balance of the body’s electromagnetic and more subtle energies are important for physical, spiritual, and emotional health, and for fostering well-being. This website focuses on Donna Eden’s Energy Medicine method that uses the human hand as the tool for moving and harmonizing the body’s energies and fields.

When using Energy Medicine, the practitioner is not “diagnosing” or “treating” the physical body which is the domain of the medical field and other allied health care professionals but instead is connecting to the energy or subtle “bodies” of the client which then can manifest in the physical body. You understand there is a distinction between “healing” using Energy Medicine and the practice of medicine or any other licensed health care practice. Although Energy Medicine appears to have promising mental, spiritual, and physical benefits, it has yet to be fully researched by the Western academic, medical, and psychological communities and therefore, is considered experimental. Energy Medicine is self-regulated and it is considered “alternative” or “complementary” to the healing arts that are licensed in the United States.

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